



health

Department:
Health
REPUBLIC OF SOUTH AFRICA



MEDIA ADVISORY

To: Editors & Health Journalists
Issued by: Department of Health
Date: Tuesday, 14 May 2024

Health Deputy Minister takes NCDs and Healthy lifestyle Campaign to Mangaung

Pretoria: The Deputy Minister of Health Dr Sibongiseni Dhlomo will on Thursday, (16 May) lead the Healthy Lifestyle Campaign to up-scale community-based health screening using local resources in response to Non-Communicable Diseases (NCDs) in Bloemfontein, Caleb Motshabi Power Station in the Mangaung Metropolitan Municipality Free State Province.

The campaign is part of government's efforts to address the burden of Non-Communicable Diseases, otherwise known as diseases of lifestyle, to encourage people to adopt healthy lifestyle to prevent and manage diseases such as cancers, cardiovascular disease, diabetes, and other chronic lung conditions.

Most of these diseases are either preventable or manageable through treatment which is freely available at public health facilities. Some of cost-effective measures to prevent and manage these diseases include regular exercise or physical activity and healthy diet.

The Deputy Minister will be joined by Free State MEC for Health Ms Mathabo Leeto, Mangaung Metropolitan Municipality Executive Mayor Cllr G Nthatisi, as well as representatives of various private partner organisations such as AstraZeneca.

Members of the media are invited to attend the event as follows:

Date: Thursday, 16 May 2024
Time: 09h00
Venue: Caleb Motshabi Power Station, Mangaung Metropolitan Municipality
For RSVP, please contact Mr Tlou Tlhako - tlou.tlhako@health.gov.za

For more information and media queries, please contact.

Foster Mohale Department of Health Spokesperson Mobile: 072 432 3792 Email: foster.mohale@health.gov.za	Mondli Mvambi Free State Health Spokesperson Mobile: 082 043 3744 Email: mvambimj@fshealth.gov.za
-------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------