



Last night, I got a message suggesting I hold my baby close against my skin to calm it down. The nurses at the clinic had told me about the Kangaroo technique before, but I forgot. The reminder on my phone was very nice. I also liked **MomConnect** because the messages gave me the feeling that someone was concerned about me.

## Lucille Desmina,

Mother of daughter Lea-Yaney (born 23 July 2015 at Mitchell's Plain MOU in Cape Town

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