

Chapter 22: Medicines used in Palliative Care



NATIONAL DEPARTMENT OF HEALTH



AFFORDABLE MEDICINES DIRECTORATE
ESSENTIAL DRUGS PROGRAMME



PRIMARY HEALTHCARE STANDARD TREATMENT
GUIDELINES AND ESSENTIAL MEDICINES LIST
2020-4 REVIEW CYCLE



health

Department:
Health
REPUBLIC OF SOUTH AFRICA





EVIDENCE

Please access the National Essential Medicines List Committee (NEMLC) report for detailed evidence (including rationale, references and costings) informing decision-making on medicine addition, amendments and deletions:

- Knowledge Hub: <https://knowledgehub.health.gov.za/elibrary/hospital-level-adults-standard-treatment-guidelines-stgs-and-essential-medicines-list-eml>
- NHI webpage: <https://www.health.gov.za/nhi-edp-stgs-eml/>

DISCLAIMER

This slide set is an implementation tool and should be used alongside the most recently published STG available on the EML Clinical Guide Application. This information does not supersede or replace the STG itself.



health

Department:
Health
REPUBLIC OF SOUTH AFRICA



Medicine Amendments



DESCRIPTION

22.1.2 Diarrhoea

Medicine/ Management

Decision

LOPERAMIDE, Oral

Retained and dose amended

DESCRIPTION

22.1.3 Nausea and Vomiting

Medicine/ Management

Decision

METOCLOPRAMIDE, Oral

Retained



health

Department:
Health
REPUBLIC OF SOUTH AFRICA



Medicine Amendments



DESCRIPTION

22.2.1 Anxiety

Medicine/ Management

Decision

FLUOXETINE, Oral

Retained



health

Department:
Health
REPUBLIC OF SOUTH AFRICA



Medicine Amendments



DESCRIPTION

22.2.2 Delirium

Medicine/ Management

Decision

DIAZEPAM, IV

Amended

2.5–5 mg as a single dose

MIDAZOLAM, IM

Amended

1–5 mg immediately



health

Department:
Health
REPUBLIC OF SOUTH AFRICA



Medicine Amendments



DESCRIPTION

22.2.3 Depression

Medicine/ Management

Decision

FLUOXETINE, Oral

Retained

Guidance provided for dosing in renal impairment

Tricyclic Antidepressants

Retained

Aligned to Primary Health Care Mental Health Chapter (Doctor prescribed for Tricyclic Antidepressants)

MIDAZOLAM, IM

Amended

1–5 mg immediately



health

Department:
Health
REPUBLIC OF SOUTH AFRICA



Medicine Amendments



DESCRIPTION

22.4.1 Dyspnoea

Medicine/ Management

MORPHINE SOLUTION, Oral

Decision

Retained

Additional guidance provided for dosing in renal impairment



health

Department:
Health
REPUBLIC OF SOUTH AFRICA





Thank you

<https://www.knowledgehub.org.za/content/standard-treatment-guidelines-and-essential-medicines-list>



health

Department:
Health
REPUBLIC OF SOUTH AFRICA

