

Chapter 4: Cardiovascular Conditions



NATIONAL DEPARTMENT OF HEALTH



AFFORDABLE MEDICINES DIRECTORATE
ESSENTIAL DRUGS PROGRAMME



PRIMARY HEALTHCARE STANDARD TREATMENT
GUIDELINES AND ESSENTIAL MEDICINES LIST
2020-4 REVIEW CYCLE



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EVIDENCE

Please access the National Essential Medicines List Committee (NEMLC) report for detailed evidence (including rationale, references and costings) informing decision-making on medicine addition, amendments and deletions:

- Knowledge Hub: <https://knowledgehub.health.gov.za/elibrary/hospital-level-adults-standard-treatment-guidelines-stgs-and-essential-medicines-list-eml>
- NHI webpage: <https://www.health.gov.za/nhi-edp-stgs-eml/>

DISCLAIMER

This slide set is an implementation tool and should be used alongside the most recently published STG available on the EML Clinical Guide Application. This information does not supersede or replace the STG itself.



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Medicine Amendments



DESCRIPTION

4.1 Ischaemic heart disease and atherosclerosis, prevention

Medicine/ Management	Decision
Aspirin, oral	Not added
SCORE risk score	Not added
BMI-based risk score	Replaced – added to Appendix III
Framingham risk score	Retained – moved to Appendix III
Treat-to-target approach	Not added
Familial hypercholesterolemia management	Not added (referred to tertiary level)



Medicine Amendments



DESCRIPTION

4.6.1 Cardiac failure, congestive (CCF), adults

Medicine/ Management

Decision

Hydrochlorothiazide, oral

Retained

Carvedilol, oral

Dosing amended

Spirolactone

Caution box amended



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Medicine Amendments



DESCRIPTION

4.7 Hypertension

Medicine/ Management	Decision
Enalapril – once versus twice daily dosing	Retained
General guidance on prescribing medicines	Editorial amendments
Indapamide, oral	Not added (included in therapeutic interchange database)
Hydrochlorothiazide, oral	Retained in the STG as example of therapeutic class
Dual therapy	Directions for use not amended
Amiloride, oral	Not added
Hypertension algorithm	Amended



Other Amendments



DESCRIPTION

APPENDIX III: Cardiovascular risk assessment

Management

APPENDIX III: Cardiovascular risk assessment

Decision

New Appendix added



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Thank you

<https://www.knowledgehub.org.za/content/standard-treatment-guidelines-and-essential-medicines-list>



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