

Chapter 5: Skin Conditions



NATIONAL DEPARTMENT OF HEALTH



AFFORDABLE MEDICINES DIRECTORATE
ESSENTIAL DRUGS PROGRAMME



PRIMARY HEALTHCARE STANDARD TREATMENT
GUIDELINES AND ESSENTIAL MEDICINES LIST
2020-4 REVIEW CYCLE



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EVIDENCE

Please access the National Essential Medicines List Committee (NEMLC) report for detailed evidence (including rationale, references and costings) informing decision-making on medicine addition, amendments and deletions:

- Knowledge Hub: <https://knowledgehub.health.gov.za/elibrary/hospital-level-adults-standard-treatment-guidelines-stgs-and-essential-medicines-list-eml>
- NHI webpage: <https://www.health.gov.za/nhi-edp-stgs-eml/>

DISCLAIMER

This slide set is an implementation tool and should be used alongside the most recently published STG available on the EML Clinical Guide Application. This information does not supersede or replace the STG itself.



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Medicine Amendments



DESCRIPTION

5.2 ITCHING (PRURITUS) and 5.8.1 ECTOPIC ECZEMA and 5.8.2 ECZEMA, ACUTE, MOIST, OR WEEPING and 5.10.4 PAPULAR URTICARIA and 5.11 PITYRIASIS ROSE

Medicine/ Management

Decision

CHLORPHENIRAMINE, Oral

Retained and amended

CETIRIZINE, Oral

Retained and Amended



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Medicine Amendments



DESCRIPTION

5.3 Acne Vulgaris

Medicine/ Management

Decision

BENZOYL PEROXIDE, Topical

Retained

Topical, retinoids

Directions for use amended

DOXYCYCLINE, Oral

Directions for use amended



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Medicine Amendments



DESCRIPTION

5.4.2 Impetigo

Medicine/ Management

CEFALEXIN, Oral

FLUCLOXACILLIN, Oral

Decision

Indication amended

The dosing of cefalexin was aligned to the PHC paediatric dosing table, chapter 23 for children ≤ 7 years of age

Indication amended



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Medicine Amendments



DESCRIPTION

5.4.3 Cellulitis

Medicine/ Management

FLUCLOXACILLIN, Oral

CEFALEXIN, Oral

Decision

Retained

Retained

The dosing of cefalexin was aligned to the PHC paediatric dosing table, chapter 23 for children ≤ 7 years of age



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Medicine Amendments



DESCRIPTION

5.5.2.4 Pityriasis Versicolor – Tinea Versicolor

Medicine/ Management

Selenium sulfide, 2.5% Suspension

Decision

Directions for use amended

DESCRIPTION

5.6.3 Nail infections – Tinea unguium

Medicine/ Management

Fluconazole, oral

Decision

Not added



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Medicine Amendments



DESCRIPTION

5.7.1.1 Head Lice

Medicine/ Management

PERMETHRIN 5%, Topical

Decision

Retained



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Medicine Amendments



DESCRIPTION

5.7.2 Scabies(children <6 years of age)

Medicine/ Management

Decision

PERMETHRIN 5%, Topical

Retained

BENZYL BENZOATE 25%, Lotion

Added



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Medicine Amendments



DESCRIPTION

5.8.2 Eczema, Acute, Moist or Weeping

Medicine/ Management

Decision

HYDROCORTISONE 1%, Topical

Retained

Cefalexin

Children ≤ 7 years of age:

The dosing of cefalexin was aligned to the PHC paediatric dosing table, chapter 23 for children ≤ 7 years of age

Betamethasone 0.1%, topical

Not added



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Medicine Amendments



DESCRIPTION

5.9 Nappy Rash

Medicine/ Management

Decision

Topical corticosteroid

Not added

DESCRIPTION

5.10.4 Papular Urticaria

Medicine/ Management

Decision

HYDROCORTISONE 1%, Topical

Retained

Fluocinolone, topical

Not added

Hydrocortisone 1%, topical

Retained

LPC 5%

Not added

Medicine Amendments



DESCRIPTION

5.11 Pityriasis Rosea

Medicine/ Management

Decision

Calamine lotion

Not added

Aqueous cream, Topical

Deleted

Aqueous cream

Deleted



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Medicine Amendments



DESCRIPTION

5.12 Molluscum Contagiosum

Medicine/ Management

Decision

Tincture of Iodine BP

Retained

Benzoyl peroxide, topical

Not added

Histofreeze

Not added



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Amendments



DESCRIPTION

5.19 Pressure Ulcers/ Sores

Management

Decision

| | |
|---|-------|
| Referral criterion (for rehabilitation) | Added |
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Thank you

<https://www.knowledgehub.org.za/content/standard-treatment-guidelines-and-essential-medicines-list>



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